

my SCRAPBOOK

PRIZED POSSESSIONS. MEANINGFUL MEMENTOS. PRECIOUS MEMORIES.

KASS NAIDOO

Sports broadcaster, founder of the gsport Awards, first South African female cricket commentator and devoted wife and mom Kass Naidoo talks about cricket, her orange wedding dress and what Sheryl Sandberg taught her



3 THESE ARE THE FIRST PHOTOS I HAD FRAMED OF EACH OF MY CHILDREN – Daniel, 6, Ella, 3, and Luke, 2. Before them, I was a cricket commentator and a driven worker, but to be a mom you have to tap into your feminine side. Now I love baking and sewing an outfit for a school concert!

4 THIS BAG IS MADE UP OF RECYCLED MARKETING MATERIAL from the one-day international cricket match that broke cricket records and saw SA beat Australia in 2006. I carry it when I'm wearing a black outfit and want it to pop. Cricket isn't really about the scores, it's a lifestyle. I love making people feel included in a game.

5 I WAS A LITTLE ANXIOUS ABOUT FLYING TO Doha to talk about women's sport when I bought *Lean In* by Sheryl Sandberg last year. Her message of leaning in at the table and pushing through glass ceilings was inspirational. I heard about her husband's death while I was on the plane; I couldn't stop crying.

6 I USE MY IPHONE 6 TO DRIVE THE BRANDS I WORK WITH. I'd feel lost without it. Social media has changed our lives. On Facebook I have conversations about sport, I use Twitter as a news vehicle and to punt my radio interviews, and I share my world on Instagram.

7 I TRY TO WRITE A FEW PAGES IN MY JOURNAL EVERY DAY. It keeps me in the moment and I used it successfully through all three pregnancies – especially after my rather strict Scottish midwife said, 'If you don't get rid of some of your emotional issues, you'll never birth naturally!' GH

1 THIS BOW TIED THE BOUQUET I HELD WHEN I MARRIED Ryk Meiring in 2004. It's the fabric from my wedding dress – a burnt-orange corset and skirt that I found in a boutique and had to have! Our wedding was nondenominational and mostly full of friends – a real party. We still fit like a glove. We really want to be in this.

2 INSTEAD OF A BABY SHOWER, a few of my closest friends each gave me a bead for this 'mother' necklace. Each came with a good wish and I wore it so I could feel their love around me while giving birth.